



Debriefing Experiential Activities

What aspect(s) of the Transformational Model this activity helps illustrate: All

Materials needed: None

Minimum number of participants required: N/A

Time needed: at least 20 minutes but longer if available and depending upon the activity

Instructions:

1. Ask for a report of what happened. Encourage them to assume you were not present (I've even suggested I was a Martian that just landed!) and that you need a report of exactly what occurred. What usually happens is the group tells you what they are feeling or what they assumed, etc. rather than recounting the actions. We sometimes call this the Ahhhhh of the debriefing.
2. Ask for what was happening as the actions were taking place. You're looking for the feelings, assumptions, mental models that were in place, etc.
3. Ask how this activity compares to congregational life or communications or whatever your topic is. This becomes the Aha! portion of debriefing.
4. Questions that have served the discovery bible studies well also serve debriefing well: What did you like? What did you not like or what troubled you? What did you learn about (topic)? What will you reflect on this week? What is your take-away?