



## **Starting Lineup**

**What aspect(s) of the Transformational Model this activity helps illustrate:** Spiritual and Relational Vitality

**Materials needed:** Blindfolds

**Minimum number of participants required:** five or more

**Time needed:** at least 20 minutes

### **Instructions:**

1. Explain to the participants that they are going to play a game that forces them to be vulnerable. Have each person put on a blindfold. Make sure this is completed before moving forward with the directions or purpose of the game.
2. Say, "Not only will you have to be vulnerable by blindfolding yourself, but you'll also have to reveal your age. The goal of this game is to form a straight line in order of age while blindfolded. In addition to being blindfolded, you may not talk. Now line yourselves up from oldest to youngest. Be careful. Begin."
3. After players line up, have participants take off their blindfolds and check their work.

### **Debriefing suggestions:**

Be prepared for frustration. Ask if they think they failed or succeeded. Ask what might have happened if (a) they'd known each other better or (b) hardly at all. Ask for alternatives to accomplishing the task that were not offered. Ask why they weren't offered. Use this game to move into a discussion of communication preferences.