



Free Resource

FROM LEADER BREAKTHRU



The Every Strategy

LEADER | Breakthru

About This Resource

Very few things are original. Almost all of what we know has come from the insights of another. We each stand on the shoulders of those who came before us.

The source for many of the ideas, paradigms and concepts within the resources at Leader Breakthru come from the teaching of Dr. J. Robert Clinton. (www.bobbyclinton.com).

This resource is offered to you for free, to use, copy or include in your resources with just two caveats:

1. In your work, you acknowledge Leader Breakthru and Dr. J. Robert Clinton.
2. As you find better ways to communicate these truths, please share your insights with us.

The Every Strategy

No matter your personality style, your pace in life, your vocational role, your maturity in Christ or your Church background, each of us could benefit from considering what we have in place, our ordinary day-to-day life, that helps to cultivate our relationship and intimacy with Christ.

What is your “sacred rhythm?”

Sacred rhythm refers to the structure you follow in your ongoing life and relationship with God. Spiritual disciplines are activities that open us to God's ongoing, transforming work and the changes that only God can bring, and are part of your sacred rhythm. One of the monastic traditions or practices that many also use today is the creation of a "rule of life" that allows for regular space to breath and enjoy God, and to allow for time to practice some of the spiritual disciplines.

The EVERY STRATEGY is just one approach to a “rule of life” that can help you establish a better, sacred rhythm. It is simple... easy to remember... and helps to establish regular spaces to cultivate your walk with Christ.

This is offered with the clear recognition that any rhythm has to take into account stage of life, and the demands that life is presenting during its various seasons. The point is simple: Regardless of where you find yourself, is there a rhythm to your spiritual journey and life?

- Every day...do you make space for God?
- Every week...do seek solitude with God?
- Every month...do you sit in silence with God?
- Every quarter...do you search for the heart of God?
- Every year...do you seek out your next steps with God?

EVERY DAY – *Space For God*

30 minutes each day... time of worship, alignment, feeding from the word, prayer and disciplined openness to what God is at work doing in that day.

Resources & Ideas

Common Prayer: A Liturgy for Ordinary Radicals—A daily liturgy and prayer guide
<http://www.amazon.com/Common-Prayer-Liturgy-Ordinary-Radicals/dp/0310326192>

The Blue Book Devotional—A great blend of Bible text and classic insights from the history of the church.
<http://jb-coreleadership.blogspot.com>

EVERY WEEK – *Solitude With God*

60-90 minutes... time away, disconnected and alone. Time to journal, reflect, read and cultivate your life with God. Time to turn down all the conversation with others, and create space for you and God, and conversation.

Resources & Ideas:

Visit your favorite coffee shop. Select a table off to the side, use head phones to help knock down all the noise. Listen to music. Journal time. Time to think about the week. What happened? What did God reveal? Times you were close to God? When you were disconnected?

As weather permits, visit a favorite outdoor location. Time for a walk and conversational prayer with God. Time away from others. Time to be still, and just know He is there. Not time to work, time to just be.

EVERY MONTH—*Silence With God*

4-6 hours (or a whole day away). Time to step back... time to be quiet. Time to practice the discipline of silence. Time to listen vs. talk... time to review your times with God... to consolidate learning. An extended time to study/read/work on cultivating your life with God.

Resources & Ideas on Spiritual Disciplines:

Sacred Rhythms by Ruth Haley Barton—Ways to think about your spiritual journey, and times of silence.
<http://www.amazon.com/Sacred-Rhythms-Arranging-Spiritual-Transformation/dp/0830833331>

Spiritual Disciplines Handbook by Adele Ahlberg Calhoun—Practical resource on how to practice and use the spiritual disciplines.
<http://www.amazon.com/Spiritual-Disciplines-Handbook-Practices-Transform/dp/0830833307>

Divine Conspiracy by Dallas Willard—An Incredible read (and re-read) during this time. Calls you to go deeper into your journey with God.
<http://www.amazon.com/The-Divine-Conspiracy-Rediscovering-Hidden/dp/0060693339>

EVERY QUARTER—*Searching the Heart of God*

An overnight... time for prayer and reflection. Time for reading/study and intentional personal growth. Time to review the year thus far. Time to re-establish the rhythm and routines. Time to go after topics and dig deeper. Time to connect with spiritual director or mentor.

Resources & Ideas:

Retreat centers and nearby monasteries offer rooms and meals for overnight guests. Some monasteries allow you to participate in their various practices. Check out any Benedictine monastery near you.

TRAC 401—An online training module that focuses on choices and alignment so you can be more intentional in your personal growth.
<https://lbu.leaderbreakthru.com/products/trac-401/>

EVERY YEAR—*Seeking Out Your Next Steps With God*

A two-day, personal retreat... away... time to regain a big-picture view of your personal development, to reset the compass for the year ahead. *First day*—time to look back, where have you been. *Second day*—time to look forward, where are you going?

Resources & Ideas:

Focused Living Online Process from Leader Breakthru Personal, Post-it Note Time-line
Practical tool that walks you through the creation of a personal timeline and calling statement.
<https://lbu.leaderbreakthru.com/products/focused-living-online/>

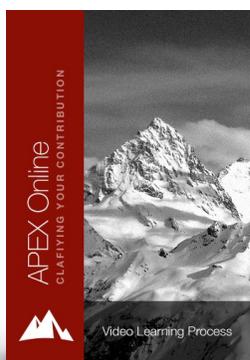
Life Mapping by John Trent—Similar tool to Focused Living. More comprehensive on the emotional journey. Helps with wounding.
<http://www.amazon.com/Life-Mapping-John-Trent/dp/1578561469>

Chazown by Craig Groeschel—A book and free online process that contains the Leader Breakthru timeline exercise and other reflective exercises.
<http://www.chazown.com/>

More Resources Like This

If you enjoyed this free resource from **Leader Breakthru**, we encourage you to check out the related resources, online learning modules, and tools below. All of these resources and more are available through Leader Breakthru University (lbu.leaderbreakthru.com)

RESOURCES ON CLARIFYING CONTRIBUTION



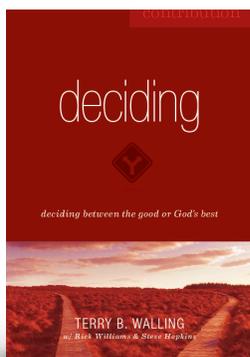
Apex Online

CLARIFYING YOUR CONTRIBUTION

Apex Online is a web-based process that includes 14 videos and a Participant Workbook to help you track your journey and climb to greater clarity.

[Learn more and watch an introductory video »](#)

<https://lbu.leaderbreakthru.com/products/apex-online/>



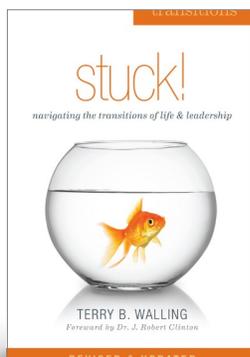
Deciding

DECIDING BETWEEN THE GOOD & GOD'S BEST

Beyond the discovery of your calling is the need to clarify one's contribution. "Of all the things that you could do, what should you do?" Do you dare to step into all that God has created you to be and do?

[Available in Paperback & Kindle | Learn more »](#)

<https://lbu.leaderbreakthru.com/products/deciding/>



Stuck!

NAVIGATING THE TRANSITIONS OF LIFE & LEADERSHIP

God does some of his greatest work during times of transition, shaping character and aligning us to his purposes and plans. We want out of this time, but God wants in. Stuck! helps you navigate the transitions of life and leadership.

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